Sample Behavioral Plan: Inappropriate Behaviors

Objective: The student will increase in-seat behavior by being rewarded for having only one (1) occasion of being out-of-seat per twenty (20) minute period in a one hour math class. As student masters, time intervals may be increased or out-of-seat allowances decreased.

Activity:
1. Review target behavior with teacher and operationally define “in-seat behavior”
2. Accompany and observe student in one hour math class. Tally out-of-seat behaviors each 20 minute period.

Program:
1. Review behavior management plan with student.
2. Obtain inventory of reinforcers generated by teacher and student to be available to student when achieving the goal of three (3) or less out-of-seat behaviors in an one hour math class, ranked from most to least desirable.
3. Observe and track student’s out-of-seat behavior on student’s behavior card.
4. Reinforce student with reinforcement from inventory at the end of each math period. After 2 consecutive days of zero tally marks or 4 days of one tally mark, consult with teacher to increase time intervals or decrease out-of-seat allowances.

Materials: 5x7 behavior card with stated plan and times.
Reinforcement Inventory
Appropriate Reinforcers

Recording Student Performance:

<table>
<thead>
<tr>
<th>Time Period</th>
<th>Tally of Out-Of-Seat Behaviors</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00</td>
<td></td>
<td></td>
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<tr>
<td>11:20</td>
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<td></td>
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<tr>
<td>11:40</td>
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</tr>
</tbody>
</table>

Reinforcement:

If student receives three (3) tallies, he/she receives:

If student receives one (1) or two (2) tallies, he/she receives:

If student receives zero (0) tallies, he/she receives: